



SAFER TRAVELS

“One destination is never a place, but always a new way of seeing things.”

—Henry Miller

THE BASICS

- Students traveling abroad are at a higher risk of sexual assault than students at home
- Consumption of alcohol or other psychoactive substances increases risk
- Separation from home and support for a substantial period of time can have impacts on mental health and well being
- Sexuality and gender norms are expressed differently in each community
- Cultural norms will dictate dating and social behaviors, expectations, and etiquette
- Laws pertaining to gender violence can differ in each community
- Effects of gender violence can be compounded by isolation, cultural barriers, and lack of familiarity in the area

RESPONDING TO DISCLOSURES

“Are you safe?”

“I believe you”

“How can I help”

“Thank you for sharing with me”

COUNTRY: KENYA

- No laws against domestic violence
- Police reluctant to intervene in “family matters”
- Almost half of kenyans believe domestic violence is acceptable
- Skewed power between genders
- Sexual Offenses Act (2006) deems all forms of sexual violence criminal
- 41% of women reported experiencing physical or sexual violence
- Culture of silence around gender based violence
- Sexual harassment illegal, but not well enforced
- Abortion is illegal

SAFER TRAVELS PLAN

- Know yourself: Reflect on Expectations
- Know your surroundings: Local Resources, cultural norms and behavior
- Develop a Support Network: Back Home and Abroad
- Have a Game Plan (Before the plane and before the door)

U.S. Embassy in Kenya

U.S. Embassy Nairobi

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P. O. Box 606 Village Market
00621 Nairobi, Kenya

ke.usembassy.gov/

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RESOURCES

Cal Poly Safer

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✉ safer@calpoly.edu

🖨 safer.calpoly.edu

☎ 805.756.2282

Cal Poly International Center

✉ international@calpoly.edu

🖨 international.calpoly.edu

☎ 805.756.1477

Toll Free 24-HR Crisis Line*

RISE

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✉ contact@RISEslo.edu

🖨 riseslo.org

☎ 855.886.RISE(7473)*

SASHAA

Sexual Assault Support and Help for Americans Abroad

✉ crisis@866uswomen.org

🖨 sashaa.org

☎ 866.879.6636*